

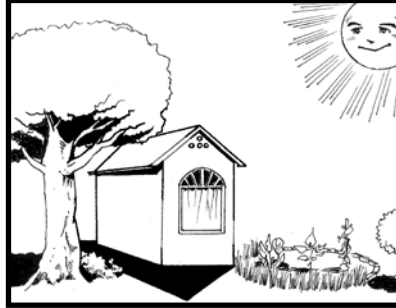
Make a Kitchen Garden

1

Choose the best location for your kitchen garden
(start small first, just 2m² is enough)



Locations with too much sun aren't good.



This location is perfect, it gets morning sun, some shade, and is near the kitchen.



Locations with too much shade won't work either.

2

Now, choose the plants...



Plant choice check list:

1. Choose plants you like!
2. Will they grow quickly?
3. How big they will get?
4. Is it the right climate?

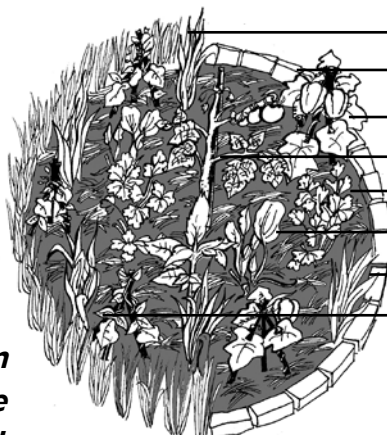
You can choose from our organic seedlings or get some cuttings from friends.
Write your choices here:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Draw your garden plan here...

3

Make a garden plan...



This is an example of a simple garden plan.

- border plants
- brick border
- eggplant
- tomato
- parsley
- pakchoi
- lettuce
- Asian celery

Fill the space, but don't crowd your plants.

Now that you have a good plan for your garden, turn the page to see what you'll need to start gardening!



Materials you will need to get started...



LOCATION
choose the best location.



SEEDLINGS
choose at least 5 different types of plants.



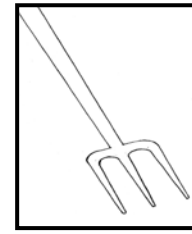
COMPOST
you will need a lot, enough to cover your garden with 5cm all over.



MULCH
grass clippings, dry leaves, sawdust, straw, etc.



GARDEN SPOON
or some other tool to make holes for seedlings.



RAKE
or some other tool to break up the soil of the garden bed.



WATER
using a spray nozzle hose or a watering bucket.

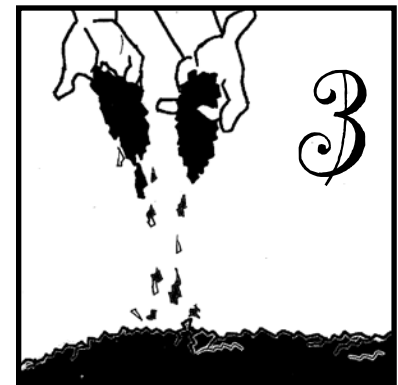
How to prepare the land and start planting...



1
Create a garden border following your garden plan. Use bricks, stones, or a border plant.



2
Break up the soil. Don't walk on soil you've already loosened up!



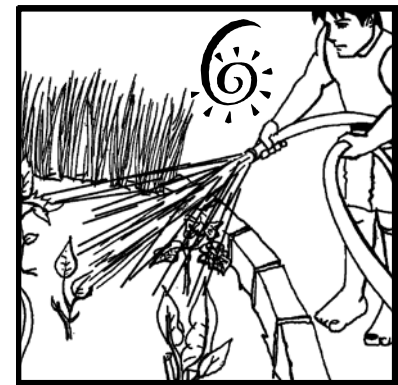
3
Add a 5cm thick layer of compost on the soil. You'll need a lot of compost, so you may want to make it at home.



4
Mix the soil and compost together. You can use your hands - it feels great!



5
Plant your seedlings following your garden plan. Then, label your plants so you can easily manage them.



6
Water your plants. You don't need to water them everyday, but make sure they don't get too dry.



7
Add some compost around the base of the seedlings, but make sure you leave space for them to "breathe".

Observe your garden everyday!