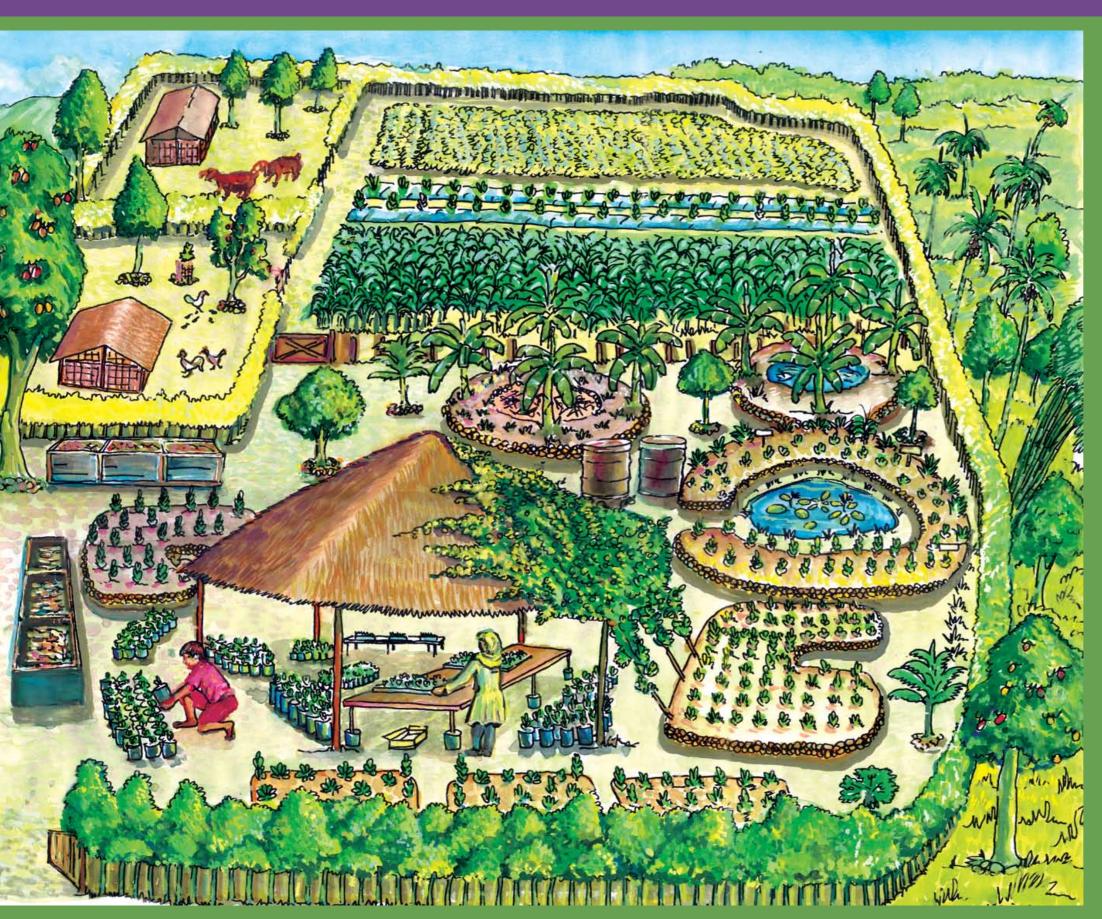
## SAVE OUR LOCAL SEEDS!



These days, farmers are using more and more chemicals and factory produced seed.

## What problems does this cause?

- Farmers need a lot of money to buy all of these products and they are often loosing money by the time they sell their harvests.
- Local knowledge and skills for sustainable farming are being lost all the time.
- As farmers usually buy their seeds, local varieties of seeds are being lost. This makes it difficult for farmers to make their own seed stock through seed saving.
- Farmers are more and more dependent on the companies that produce seeds.
- The nutrition in plants that are grown using chemicals is much lower than in plants grown using traditional methods. This is having a big impact on all of our health.

## What can we do?

- The most important thing we can do is to value the farmers that are trying to save local seeds and farm without using chemicals. That's called ORGANIC FARMING.
- We can choose food that is ORGANIC and say no to food that is not ORGANIC.
- Let your local shops and food sellers at the market know that you want to buy food that does not contain any chemicals.

